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Standard First-Aid

Information and Skills Presentation

Checking an Ill or injured Person

- Check the Scene
- OBTAIN CONSENT!!!
- Call 911 for any life-threatening conditions
- Q & A
 - What to ask?
- Check head to toe
 - Bleeding, Fluids, Wounds
 - Skin Color and temperature
 - Medical ID Bracelets/ Necklaces
 - Observable signs of pain
- Continue to monitor
 - ABC's

Severe Allergic Reactions

- Anaphylaxis

- call 911 and care for this person until help arrives.

- Epi-pen training

Asthma Attack

- Inhaler
 - How to use?

Seizure

- What it is?
- How do we handle this?

Poisoning

- **What to look for:**
 1. **Breathing Difficulty**
 2. **Nausea, vomiting ,diarrhea**
 3. **Chest/ abdominal pain**
 4. **Sweating**
 5. **Changes in consciousness**
 6. **Seizure**
 7. **Headache / dizziness**
 8. **Irregular pupil size**
 9. **Burning / tearing of the eyes**
 10. **Abnormal skin color**
 11. **Burns around lips tongue or skin**

•Call the National Poison Control Center

- 1-800-222-1222

Shock

- What is it?
- Signs of symptoms?
- Treatment?

Stroke

- What is it?
- Signs & Symptoms

-FAST

- F= Fast**
- A= Arm**
- S= Speech**
- T= Time**

External Bleeding

- GLOVES,GLOVES,GLOVES!!!
- What to do?

Internal bleeding

- S&S

- Blood in vomit

- Cough up blood

- Tender / swollen / hard bumps

- Confused ,fainting ,drowsy, unconsciousness

- Treatment?

Burn care

- What to do?
 - stop the burning!!!!
- Cold running water
- Cover the burn loosely with a sterile dressing
- Care for SHOCK!!

Head, Neck, Spine Injuries

- When do we suspect?
- Signs / Symptoms?
- What to do?

Splinting / Sling

- When?

- How?

 - with what?

 - what to do with an open fracture (fracture thru skin)?

 - DO NOT cut off circulation

- Sling

 - Protect the limb

- Needs to be snug so that the person cannot move the limb freely.

Diabetes

- What is it?
 - The most popular in your age group?
- What are S & S?
- Treatment?

Heat and Cold injuries

- Heat injuries
 - Heat cramps
 - Heat exhaustion
 - Heat stroke
- Cold injuries
 - Frostbite

Practice and Review

- Practice what we learned
- Questions???
- Test time!!!!

THANK YOU!!!